



THE CO-OPERATIVE UNIVERSITY OF KENYA

HEALTH UNIT - ONLINE ORIENTATION MESSAGE

The CUK health unit welcomes all new students to The Co-operative University of Kenya. The unit is committed to providing quality diagnostic, curative and preventive services to our students, staff and the general public. The unit is open 24hrs seven days a week to ensure that the university community remains in perfect health. Kindly follow the MOH guidelines to stay safe against COVID 19.

MISSION

To inspire a healthier community by offering world-class healthcare.

VISION

To be a leading medical facility in offering quality health care to staff, students and members of the public.

SERVICE CHATTER

The unit offers most of the basic medical services including laboratory tests and pharmacy services. Services offered to students are not directly charged but all other clients pay a consultation fee of Ksh 200. Laboratory tests and drugs are charged accordingly. Some of the services offered and timelines are as indicated.

SNO	SERVICE	REQUIREMENTS	CHARGES	TIMELINE
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1.	Verification of new students/staff medical forms	Admission/appointment letter and checklist	Free	10 minutes
2.	Issuance of new outpatient cards/numbers	Students ID Staff ID	Free	5 minutes
3.	Taking vital signs	Outpatient visit card	Free	5minutes
4.	History taking and examination	Outpatient card	Ksh 200 for external clients Free for staff and students	10-20 minutes
5.	Laboratory test	Laboratory test requests	As per service lab service chatter	As per service lab service chatter
6.	Dispensing of drugs	Valid prescription pad	As per prescription	10-15 minutes
7.	procedures	prescription	As below	20-30 minutes
8.	Dressing of wound	prescription	Ksh 50 small wound Ksh 100 for large Ksh 200 for burns	
9.	Iv fluids	prescription	100 per bottle	Up to 8hrs
10.	Suturing of wounds	prescription	Ksh 100 for small wounds	Up to 1hr

			Ksh 150 for medium Ksh 300 for extensive	
11.	Removal of FB	Prescription	Ksh 300	Up to 30min
12.	Ear syringing	prescription	Ksh 300	Up to 30min
13.	Administering iv injections	prescription	Ksh 50	10-15min
14.	Issuance of drugs	Prescription pad and proof of payment.	Free	5 to 10min
15.	Payment	Charged prescription pad Smart card	As per services and drugs issued	5min

COVID 19

COVID 19 is a viral respiratory disease caused by the Novel Coronavirus of 2019. Ladies and gentlemen, we all know the impact the disease has had on our country and the world at large. This is to assure you that the university has put in place measures to ensure that all students and staff remain safe against the disease. There are enough hand washing station and alcohol-based hand sanitizers in strategic areas. All public spaces have been marked at 1.5 M distance to ensure physical distancing is taken care of. The university has developed protocols that will ensure the MOH guidelines are followed to the letter. Our health unit is very well equipped and prepared to handle any eventualities during this season. My request to all our students is to stay safe while learning from home and also while on campus. Continue wearing your masks, washing of hand regularly under clean running water or the use of alcohol-based hand sanitizers. Practising the cough etiquette is also protective against

this disease. Above all, let us all take personal responsibility in protecting ourselves and others against COVID 19.

If any person develops the symptoms of COVID 19 while on campus, kindly report to the health unit through the hotline as shared below. You are advised not to attend classes if you have flu-like symptoms but also ensure that you have reported your case and received care.

HEALTH PERSONEL

The unit is headed by the senior clinical officer who reports to the Deputy Vice-chancellor Finance, planning and Administration, It is run by a total of eight personnel as indicated:

- 1) Senior clinical office
- 2) Two Registered clinical officers
- 3) Senior nursing officer
- 4) Kenya Registered community health nurse
- 5) Chief laboratory technologist
- 6) Pharmaceutical technologist
- 7) Medical records officer
- 8) Messenger/Cleaner

FREQUENTLY ASKED QUESTIONS

QUESTION: In case of an emergency within the university what should one do?

ANSWER: Call the health unit hotline or inform a student leader, you may also present yourself to the health unit if able.

QUESTION: In case of a referral to a major hospital will the university pay bills for students?

ANSWER: All bills incurred outside the university are settled by parents/guardians. The university will, however, make transport arrangements to transfer the patient and ensure they are received in the hospital.

QUESTION: Do you offer dental services/extraction

ANSWER: No, patients are referred for dental services

QUESTION: Can I be treated in my hostel room?

ANSWER: No, we encourage students to present themselves physically to the health unit.

CONTACT DETAILS

(020)-2430127 EXT 324

Hotline: 0758514302

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S.C.O I/C CUK HEALTH UNIT

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